

Parent and Child Contract: Computer Use

I know having a computer is a privilege. I respect that my parent/guardian loves me & wants to keep me safe. I understand that I am not allowed to have a password. This is for my safety & allows my parent/guardian to monitor & make sure I'm following the guidelines of our contract. With that in mind, we agree:

1. The computer will be kept in a public area of the house. It will never be used in my bedroom. Defined public area: _____.
2. I will be on the computer no later than _____ on school nights & _____ on weekends.
3. I will only use the computer for _____ hours on weekdays & _____ on the weekend.
4. If my computer is a laptop I will be responsible for plugging it in daily to charge over night. Define area to plug in: _____.
5. My responsibilities come first. I will not chat, IM or use any social networking site until my responsibilities are completed for the day. Define responsibilities below:

6. I'm responsible for letting someone know if the computer is having any problems.
7. I will not use my computer privileges to access any inappropriate websites such as: _____

The consequences for not following through with these guidelines on computer use are:

Child's signature & date: _____

Parent/Guardian's signature & date: _____

Parent and Child Contract: Cell Phone Use

I know that having a cell phone to use is a privilege. I respect that my parent/guardian loves me & wants to keep me safe. I understand that my parent/guardian will have my password & has the right to check my cell phone at anytime. I understand this is for my safety & my parent/guardian's way of monitoring the guidelines of our contract. With that in mind, we agree:

1. I will remember what usage is allowed with our cell phone plan & I will not go over the limits of that usage. This includes number of minutes, text messages & internet usage. Our plan allows: _____.
2. I am allowed to use my cell phone for this amount of time on weekdays _____ & this amount of time on weekends _____.
3. My cell phone must be turned off at this time _____ each night. My cell phone will be charged in a defined area outside of my bedroom. The defined area is: _____.
4. I agree that if I am unable to keep up with my responsibilities the use of my cell phone can be taken away from me at anytime. This can happen even if I have contributed to the cost of the cell phone. My responsibilities are:

5. I will not use my cell phone to take/receive any inappropriate pictures such as _____ as _____.
6. I will not use my cell phone to call/text or post on social networking sites any hurtful things such as bullying, spending rumors/gossip or prank calling, etc.
7. I will only give out my phone number to people my parent/guardian has approved.

The consequences for not following through with these guidelines on my cell phone use are:

Child's signature & date: _____

Parent/Guardian's signature & date: _____